

# WHAT CAN BE COMPOSTED?



## ALL SOLID FOOD WASTE



Meat, dairy, fruit and vegetable scraps, bread, pasta, grains, and coffee/tea bags (no staples).

## PAPER AND CARDBOARD PRODUCTS



Paper towels and napkins. Food-soiled paper and cardboard (if clean, should be recycled).  
Must be unlined/no plastic.

## BPI CERTIFIED / LABELED COMPOSTABLE PRODUCTS



Cups, containers, and cutlery should have a label identifying the item as compostable.

## COMPOST TIPS:

### YAY:

- BPI-certified compostable symbol.
- ASTM label.
- PLA #7 (plant based) label.
- If it was once alive, it can be composted (minus tissue and liquids!).
- Stick to this list, on what is compostable.



### NAY:

- When in doubt, throw it in the trash.
- Regular plastic is not compostable.
- Compostable does not mean recyclable.
- Biodegradable does not mean compostable.
- Clean paper and cardboard should be recycled.



*Every customer's office recycling programs and needs are unique, IRS will rely on the vendors it works with in facilitating these needs to determine whether they are able to handle your recycling materials.*